

Dr. Nimarta Mann has been working as an Assistant Professor in the University School of Applied Management since 2012, after having attained her Doctorate in Business Management from Punjabi University. Her major field of specialization is Banking, Finance, and minor is E-Business, having attained her [M.Com\(E-Com.\)](#) (specialization banking and finance) from University Business School, Panjab University Chandigarh. She has published a book titled, “Stress Management- A Key to Improved Workplace Attitude”, Regal Publications in 2013, besides having published numerous research papers to her credit in journals of national and international repute. She has also presented several papers in International Conferences. She has also been member organization committee for international conferences besides being an active member of departmental service activities. She has also attended courses and workshops in management and allied fields. She has completed two funded research projects and is actively involved in further research in organizational psychology and other facets of management. Currently, six students are pursuing doctoral research under her guidance.